

**City of Aurora Park Board**  
**Aurora Recreation Center**  
**126 W Hadley St, Aurora, Missouri 65605**  
**Thursday, March 19, 2026 - 6:00 PM**

1. CALL TO ORDER

2. ROLL CALL

- President: Tracey Houchin (2026)
- Vice President: Nikki Kennedy (2028)
- Board Member: David Brammell (2026)
- Board Member: Melody McKinley (2028)
- Board Member: Jesse Rathbun (2026)

3. APPROVAL OF MINUTES

City of Aurora Park Board Meeting held on February 19, 2026.

Documents:

[2\\_19\\_2026 - MINUTES.PDF](#)

4. NEW BUSINESS

- 4.I. Park Cleanup Day Updates
- 4.II. Long Term Plans And Ideas For City Parks
- 4.III. National Fitness Campaign

Documents:

[2026 MUNI BRIEFING DECK.PDF](#)

5. STAFF UPDATES

6. PUBLIC COMMENT

A citizen desiring to speak on an item not on the agenda may do so at this time. Each citizen is limited to three minutes and the Park Board will not take action or discuss items at this time. Discussion should be limited to matters of Park Board business and public comment is not permitted in regard to personnel matters or on pending legal matters. Items introduced under "Public Comment" may become agenda items at a later date.

7. ADJOURNMENT

## 2/19/2026 - Minutes

### 1. CALL TO ORDER

Vice President Kennedy called the meeting to order, time noted 6:00 p.m.

### 2. ROLL CALL

President Tracey Houchin: Absent

Vice President Nikki Kennedy: Present

Board Member David Brammell: Present

Board Member Melody McKinley: Absent

Board Member Jesse Rathbun: Present

Quorum satisfied

### 3. APPROVAL OF MINUTES

Board Member Brammell made a motion to approve the minutes from the meeting held January 15, 2026. Board Member Rathbun seconded the motion. Motion passed with all members present voting aye.

### 4. NEW BUSINESS

#### 4.I. Park Cleanup Day Organization

Park Clean-up Day is scheduled for April 18th beginning at 9:00 a.m. at White Park. Friends of the Parks will purchase food for providing hot dogs and chips after the event. Board Member Rathbun volunteered to make a flyer for the clean-up day and requested that anyone with pictures of the parks send him pictures for use on the flyer. Registration of volunteers will have a deadline of April 15th in order to plan accordingly based on expected participation.

City staff have completed assessment of items within the parks that need painted. Park Board then discussed starting in White Park on the cleanup day and continuing to other parks if enough volunteers are present. The Board then discussed prioritizing the items needing painted within White Park. List as follows:

Skatepark, Skatepark bathroom, Softball field concession stand, Softball field bathrooms, Swing at the softball field, Legion field concession stand, dome climber at Little League, swing at Little League, swing by the swimming pool, pavilion at the swimming pool, picnic tables at swimming pool.

Discussion held regarding the needed list of supplies for painting and cleanup. Friends of the Parks will request donations of items for the event.

Discussion held regarding cost of paint totaling approximately \$500. Further discussion regarding paint colors. The building at the Legion field will be painted red, white and black to match the existing dugout colors. Skatepark bathroom to be same color as current. Playground equipment to be same as current colors.

#### 4.II. Volunteer Groups For Cleanup Day

The Aurora Rotary Club has been contacted as well as school groups, athletes and Sources of Strength.

#### 4.III. Park Board Events

Discussion regarding setting dates for upcoming events.

Touch a Truck will be July 18th from 6-8 p.m. If any board members know food trucks who might be interested in this event, please have them contact Pam at City Hall.

Hydrant Parties proposed to be June 5, July 17 and August 7. Liberty has been contacted for approval, awaiting response.

Special Event applications will be prepared and presented to City Council.

#### 5. STAFF UPDATES

Anthony Finzo, Recreation Center Director provided an update regarding adult leagues of Basketball and Pickleball as well as youth leagues of Basketball and Soccer. All leagues have been successful. The Daddy/Daughter Dance will be held Saturday, March 7. Staff are planning a member appreciation day in conjunction with the one-year anniversary of the facility opening in April. Currently 950 active memberships.

Dennis Carlisle, Parks Department, provided an update for his department advising that new benches have been installed at the skatepark, mulch has been placed in Oak Park and Baldwin Park, and newly painted barrels have been placed in Crosby and Oak parks. Additionally, a new flower bed has been installed at the dog park at Baldwin Park.

City Manager Howlett mentioned a previous request for discussion to be held regarding long-term plans and ideas for City parks and ADA compliance. This will be placed on the next agenda.

#### 6. PUBLIC COMMENT

None

#### 7. ADJOURNMENT

Board Member Brammell made a motion to adjourn, time noted 7:20 p.m. Board Member Rathbun seconded the motion. Motion passed with all members present voting aye.



# NATIONAL FITNESS CAMPAIGN CAMPAIGN BRIEFING



# AMERICA'S LARGEST PUBLIC-PRIVATE WELLNESS PARTNERSHIP

**CELEBRATING 750TH**  
Healthy Community this Year



**NOW FUNDED**  
to welcome 1000 Healthy  
Communities by 2026

**OUR MISSION** : to Build Healthy Communities

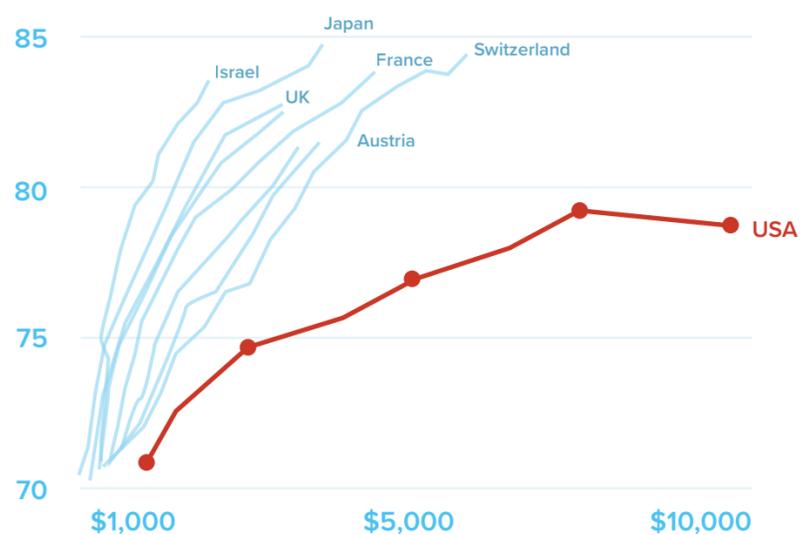


# WHY WE DO IT

**TO MAKE WORLD CLASS FITNESS FREE**



*Life Expectancy vs Health Expenditure*



## UNDERSTANDING THE PROBLEM

AMERICA IS FACING A HEALTH CRISIS CAUSED BY SEDENTARY LIFE-STYLES AND CITIES DESIGNED FOR CARS. USA SPENDS MORE MONEY THAN ANY OTHER ON HEALTHCARE WITH POOR RESULTS.



## BECOMING THE SOLUTION

WHEN COMMUNITIES ARE DESIGNED TO SUPPORT WELL-BEING, HEALTH OUTCOMES CHANGE!



BROUGHT TO YOU BY





# FITNESS COURT | HEALTHY INFRASTRUCTURE PLANNING

MULTI-SITE FUNDING FOR HEALTH IMPACT



STUDIO

**BUILDING HEALTHY COMMUNITIES**  
MULTI-SITE PHASING FOR HEALTH IMPACT  
HEALTHY SITE SCORE (HSS)



PLANNING



PHASING



LAYOUTS



PROJECTIONS



SCORES



MAPPING



TRAILS



CAMPAIGN OVERVIEW

# WHAT WE DO

**A COMPREHENSIVE COMMUNITY WELLNESS PROGRAM**

DESIGN & PLANNING

LAUNCH & PRESS

EXPERT CONSULTING

PUBLIC ART

GRANT FUNDING

AMBASSADOR TRAINING

INSTALLATION

MOBILE APP





# FITNESS COURT

COMMUNITY WELLNESS HUB

# STUDIO



OUTDOOR WELLNESS CENTER CONFIGURATION:

## FITNESS COURT® STUDIO



HIIT



YOGA



ZUMBA



DANCE



STRETCH



KICKBOXING



TAI-CHI

## COMMUNITY WELLNESS PROGRAMMING

WELCOMES ENTIRE COMMUNITY MAYORS WELLNESS SERIES

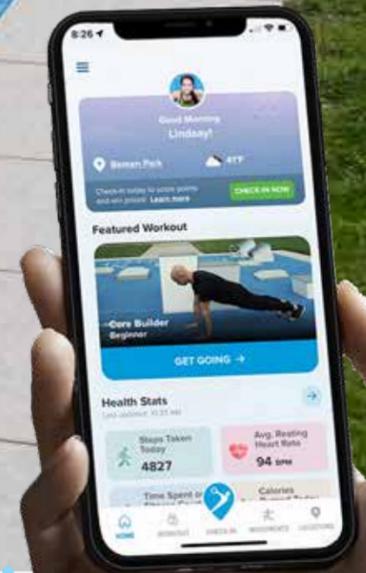


# FITNESS COURT

WORLDS BEST OUTDOOR GYM

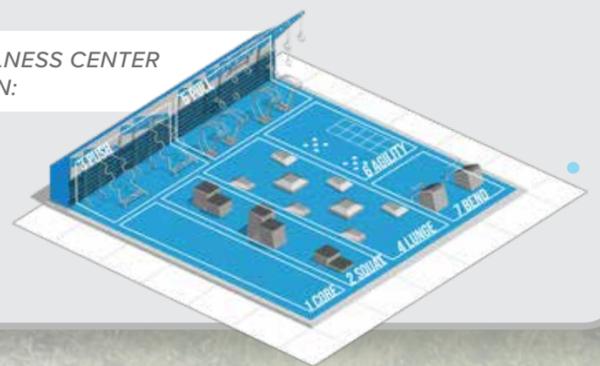


**7 MOVEMENT  
FULL BODY WORKOUT**  
FUNCTIONAL TRAINING SYSTEM  
DIGITALLY ACTIVATED  
*Coach in your Pocket*



OUTDOOR WELLNESS CENTER  
CONFIGURATION:

**FITNESS  
COURT®**



CORE



SQUAT



PUSH



LUNGE



PULL



AGILITY



BEND



# FITNESS COURT | ART

EVERY FITNESS COURT IS A WORK OF ART



**WORK WITH LOCAL ARTISTS**  
NFC DESIGN STUDIO

**WORLD RENOWN ARTIST GALLERY**  
KEITH HARING | JEAN MICHEL BASQUIAT

# FITNESS COURT ART OFFERINGS



**Local Artist** Invite a Local Artist to create a mural that represents your community!

Support your Local Artist Community with a **\$5,000 Grant to the Artist** provided by NFC!

*Additional Funding Required. Example Art: Will be customized for your city*



Front Wall Unlocked for Additional Artwork



**Custom Art** Work with the in-house NFC Art Studio Team

*Additional Funding Required. Example Art: Will be customized for your city*



**Fitness Court Art** Unique design included in your state campaign

*Example Art: to be confirmed at Award*



**NEW!**

NOW AVAILABLE FOR  
**FITNESS COURTS &  
FITNESS COURT STUDIOS**



**FITNESS COURT | SHADE**  
WORLDS BEST OUTDOOR GYM JUST GOT COOLER



**EXTENDED  
SEASONAL USE**



**UV & SUN  
PROTECTION**



**INTEGRATED  
DESIGN**



**ENHANCED  
AESTHETICS**



**MADE IN  
USA**



**LONG LASTING  
MATERIALS**



**1. BE A PART OF THE NATIONAL FITNESS CAMPAIGN**

AMERICA'S LARGEST PUBLIC PRIVATE WELLNESS PARTNERSHIP

**2. HEALTH BENEFITS**

MORE TIME OUTDOORS, IMPROVED MENTAL & PHYSICAL WELLBEING

**3. HEALTHY INFRASTRUCTURE**

PLACES DESIGNED FOR PEOPLE NOT CARS

**4. BUILDING COMMUNITY**

CREATING A WELLNESS CULTURE THAT IS SOCIAL, CONNECTED AND FUN!

**5. REDUCED HEALTHCARE COSTS**

HEALTHIER, HAPPIER, PEOPLE



# STATEWIDE CAMPAIGN



NATIONAL FITNESS CAMPAIGN

# 2026

200 NEW PARTNERS

WE'RE PLEASED TO ANNOUNCE THE 2026 CAMPAIGN

# NFC Grant Requirements

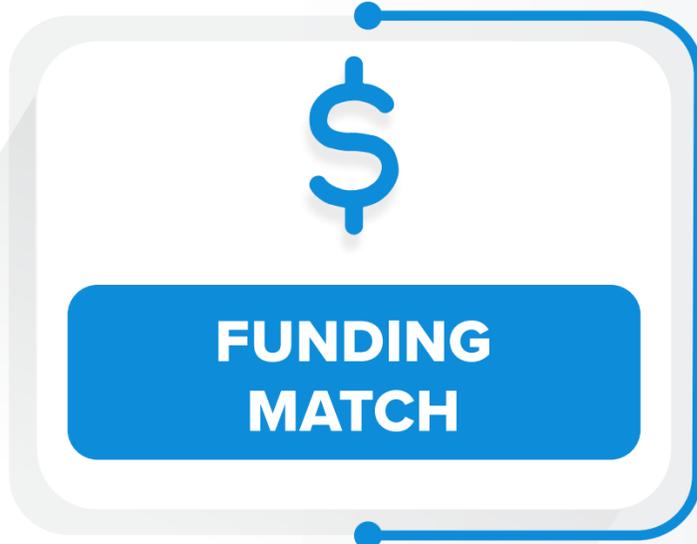
Program Qualification



**STEP 1**



**STEP 2**



**STEP 3**



**STEP 4**

**JOIN THE CAMPAIGN**



STEP 1

## LEADERSHIP SUPPORT

*BUILD CONSENSUS / CONFIRM FEASIBILITY  
MUNICIPAL LEADER SUPPORT*

**SHARE 3 MINUTE VIDEO**



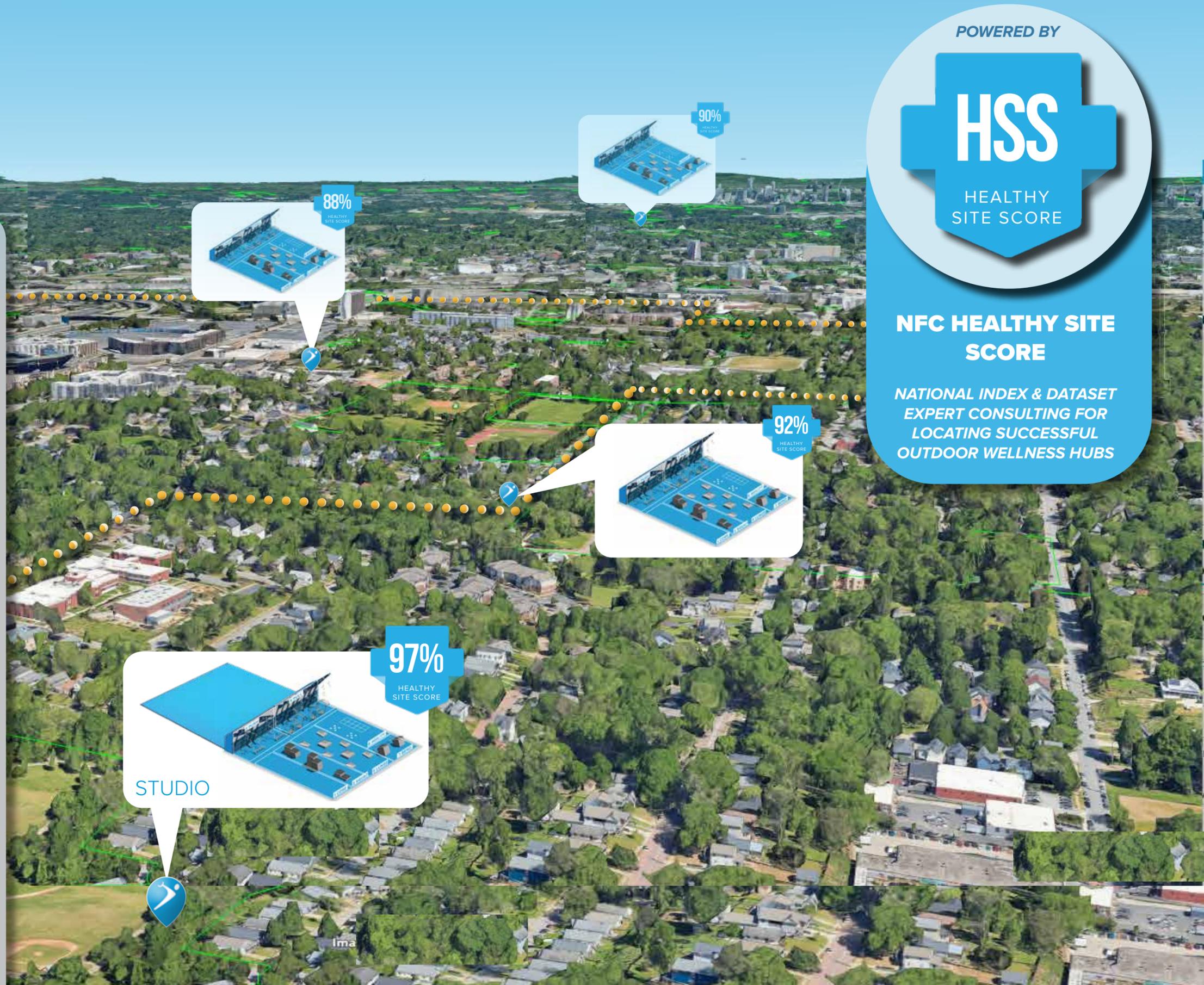


## STEP 2 SITES WITH IMPACT

Supported by NFC's Expert Consulting Services, Identify Site Locations that Meet Criteria for Funding Qualification & Health Impact

**HEALTHY INFRASTRUCTURE PLANNING**  
• VISIBLE • CONNECTED • ACCESSIBLE •

Participate in Virtual Workshop led by NFC Expert Consultants to receive data & qualification information regarding your public spaces. See how your municipality or school benchmarks vs national averages.



POWERED BY



**NFC HEALTHY SITE SCORE**

NATIONAL INDEX & DATASET  
EXPERT CONSULTING FOR  
LOCATING SUCCESSFUL  
OUTDOOR WELLNESS HUBS



STEP 3

## FUNDING MATCH

*NFC GUIDES FUNDING PLAN*

**GRANT FUNDING AVAILABLE:  
\$30,000-\$60,000 PER SITE**

**LOCAL FUNDING REQUIREMENT  
\$160,000-\$270,000**

*per site, pending program  
configuration & installation method*





STEP 4

## QUALIFY FOR GRANT

- A. PRE-APPLICATION PHASE
- B. GRANT AWARD
- C. BUILD/SITE PLAN
- D. LAUNCH LOCAL CAMPAIGN

**SUBMIT GRANT  
APPLICATION**



# JOIN US

LET'S BUILD HEALTHY COMMUNITIES  
**TOGETHER**



**Discussion - Q&A**

# NEXT STEP



**SCHEDULE VIRTUAL SITE  
REVIEW WORKSHOP LED BY  
NFC EXPERT CONSULTANTS TO  
EXPLORE FEASIBILITY**



## **DISCUSSED AT NEXT STEP:**

- 1. SITE WORKSHOP & HEALTHY SITE SCORE REVIEW**
- 2. FEASIBILITY & ALIGNMENT WITH LOCAL PRIORITIES**
- 3. FUNDING REQUIREMENT DETAILS AND GRANT PROGRAM & AVAILABILITY FOR YOUR STATE**
- 4. NON-BINDING GRANT QUALIFICATION PROCESS**

# STEP 2

PLANNING

PHASING

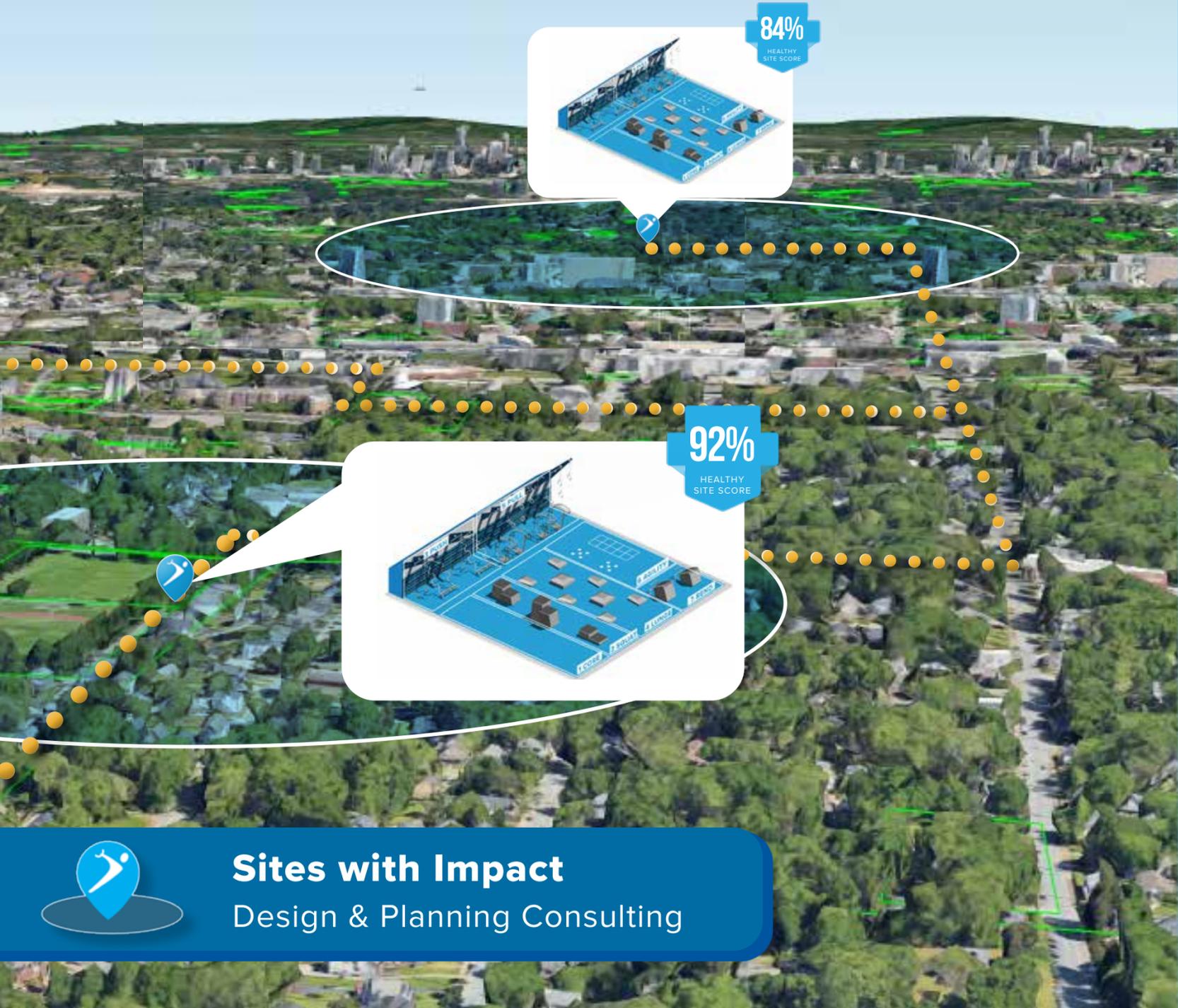
LAYOUTS

PROJECTIONS

SCORES

MAPPING

TRAILS



84%

HEALTHY SITE SCORE

92%

HEALTHY SITE SCORE



**Sites with Impact**

Design & Planning Consulting

## QUALIFY SITE LOCATIONS FOR FUNDING

# 1

### VISIBLE

Site locations must be recognizable with high visibility.



# 2

### ACTIVE

Site locations must be heavily trafficked and centrally located.



# 3

### CONNECTED

Site locations must be integrated with pedestrian infrastructure.

